

THE JR. IRISH INSIDER



JR IRISH

Two Clubs, One Family,
Committed to Excellence.

NORTHERN INDIANA
FUTBOL ACADEMY



February 4, 2010

Club Calendar

February 1st- Final Spring Fees Due!!

February 15- All Club Meeting at Bethel College 6:30 pm

March- MRL Play Begins

April- ISL , NISL, WMYSA Begins

May 28-31- MDI Tournament Weekend

Inside this issue:

MDI Updates **2**
All-Club Meeting **2**
Greg's Corner **2**

Congratulations to Claire Schmidt! She is the winner of the contest to name the club newsletter!!

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Indoor Soccer Building Ready!!

FINALLY!! We are open for business!

Thanks to all of you who have helped clean, nail, paint, staple, blow, roll, shovel (you get the drift) our way to completion! There are still tasks to be accomplished and we will continue to look for your support as we move forward this spring!

Fundraising Update- Paul Gifford, Fundraising Committee Chair

As you know the Indoor Facility is up and running and looks great. It is being used 7 days a week to provide the kids opportunities to play soccer. The goal to pay for improvements is \$40,000. So far donations/pledges of cash and materials, as well as cost savings have totaled nearly \$27,000, which is fantastic. We do however need to raise the final \$13,000. We will be out at the facility on February 6th during the open house and would be glad to collect your donation at that time. You can also send checks to:

Paul Gifford
50561 Weeping Willow Run E,
Granger, IN 46530.

We are also working on recognizing our lead donors at the facility as well as the Jr. Irish fields. Thank you for your great support and please helps us completely cover the cost of the upgrades. Thanks to those who have already contributed:

Lin Burns
Robert Ducoffe
Paul Gifford
Matt Helmkamp
Jeff Buhr
Anita Knudtson
Jeffrey Bishop
Mark Neal
Duke Jones
Art Stoltzfus

Craig Nowicki
Steven Trail
Don Weaver
Tom Warner
Wayne Stubbs
Bob Wade
Larry Loebach
John J. Roper
Jeffrey Eleff
David Scholtzes

Greg Wuszke
Isaac Torres
Matt Edmonds
Brad Scott
Kreg Gruber
Don Westerhausen Jr., MD
Guy Fisher
Tony Michael
Teachers Credit Union
Barnes and Thornburg

MDI Update- May 28-31

We are a little over 3 months away from this year's tournament! Invitation letters were sent out and we have already begun receiving applications! This year (for the first time ever) we will be using GotSoccer to register teams. This is helpful to us as an administrative tool and also is attractive to teams because their tournament record will now count toward their state and national team rankings.

As always, volunteers are needed!! Please contact Barry Hall, MDI Tournament Director at BHall@klcpas.com. We appreciate your help!



Annual All- Club Meeting February 15th

Mark your calendars for the All-Club Meeting on Monday, February 15th, 6:30 pm at Bethel College's Everest Rohrer Auditorium. Details will be coming soon!

Greg's Corner

Winning is Great, but it's Not the Goal!

© Pam Richmond Champagne, MCC, *The Sports Parenting Coach*

Recently the parent of an aspiring athlete told me it seemed “almost un-American” to say winning is not the goal. In fact, many would say we compete in a “win-at-all-costs” environment. Is this helping or hurting our kids' performances and lives? Naturally we all prefer to win, but this is a critical distinction: winning is a *byproduct* or a *consequence*, not a goal.

Paradoxically you increase your odds of winning when you place 100% attention, not on winning, but on the process – the learning and development, the continual movement toward mastery. During competition this means having a moment-to-moment, concentrated focus on executing skills and maintaining a positive attitude.

John Naber, a four-time Olympic gold medalist in swimming, exemplifies this vital concept. He shares, “My goal was never to win a race. My goal was to be the best I could be that day.” Disturbing news stories and studies show a focus on winning can produce un-sportsmanlike behavior, outright dishonesty, and unethical use of dangerous drugs.

Focusing on the outcome also decreases performance. It leads the performer away from the power of the present moment and creates performance-lowering tension by putting attention on something not under a player's direct control.

I vividly recall one of my tennis matches that is a perfect illustration. In a close three-set final, I was just one game away from winning my match when all of my attention went to the outcome – winning the tournament. My strokes fell apart, I made a series of dumb errors, and the championship title slipped away.

As a parent you can help your child stay focused on the process. How? Be interested in what she's learning about herself and what skills she's developing. Find out what he enjoys about his sport. Most importantly, model this process orientation for your child. You certainly don't have direct control over how well your athlete performs, but you do have control over how calm you are during and after your child's performance, what you say, and how encouraging you are.

Next time you find yourself getting frustrated or annoyed at your child's performance, ask yourself, what am I trying to control that I don't have control over? Then zero in on what you do control. And remind yourself the winning focus is on the learning and the fun!

Pam's Point: There's a huge gap between loving to win and having to win, between competing to do our best and competing to be “the best.”

